CLINICIANS

Best Cholest*

A Dietary Supplement to Support Proper Cardiovascular Functioning and the Maintenance of Cholesterol Levels within Normal Range.*

Recommended For:
- Supporting serum lipid levels within normal ranges*
- Healthy blood flow*
- Supporting levels of HDL within normal ranges*
- Encouraging healthy blood viscosity*

HDL to LDL Ratio Support

- **Red Yeast Rice** (Monascus porporeus) is an all-natural whole food made from dried fermented rice. Red Rice Yeast naturally helps maintain cholesterol levels within normal ranges and contains unsaturated fatty acids that support the maintenance of serum lipids within normal ranges.*
- **Chromium** is a trace mineral used by the body to regulate HDL-to-LDL ratios.* The Chromium Polynicotinate form ensures maximum bioavailability.* The average American diet is chromium deficient.*
- **Phytosterols** are plant steroid alcohols that have been shown to support the maintenance of cholesterol within normal range by blocking the over-absorption of cholesterol.* **Best Cholest*** contains a phytosterol complex from soy that yields 90% phytosterols including 180 mg of Beta-sitosterol.

Cholesterol Synthesis and Circulation

- **Policosanol** is a complex that has been studied for its ability to reduce cholesterol synthesis by the liver, protect against peroxidation of lipids, aid healthy blood flow and support the maintenance of beneficial HDLs within normal range.*
- **Artichoke (Cynara scolymnus) Leaf Extract** is a phytonutrient that has been shown to support cholesterol within normal ranges.* Cynarin, a compound contained in artichokes, supports the production of bile, which may help the body to excrete cholesterol.* Artichoke Leaf Extract helps balance activity of the enzyme responsible for maintaining cholesterol levels within normal ranges.*

Antioxidant and Blood Viscosity Support

- **Guggul lipids** contain compounds known as guggul sterones. As antioxidants, they protect against lipid peroxidation.*
- **EPA** supports cholesterol and triglyceride levels within normal ranges and encourages healthy blood viscosity.* EPA (Eicosapentaenoic Acid) supports circulation, the immune system and vascular health.*
- **Coenzyme Q10** is critical in the generation of cellular energy.* Coenzyme Q10 is an antioxidant found in the highest concentrations in the heart, liver, kidneys, spleen and pancreas.*

Best Cholest* would be a great addition to any diet and exercise program that is designed to support the maintenance of HDLs, cholesterol and triglycerides within normal ranges.*

Supplement Facts

Serving Size: 3 Capsules
Amount per serving:

Chromium (as Chromium Polynicotinate)	200 mcg
Red Yeast Rice	600 mg
Policosanols (from Sugar Cane)	20 mg
Phytosterols Complex (from soy)	500 mg
Yielding: total phytosterols	450 mg
Beta sitosterol	180 mg
Campesterol	90 mg
Stigmasterol	66 mg
Coenzyme Q10	20 mg
Guggul Lipids Powder	200 mg
Artichoke (leaf) Extract	100 mg
Eicosapentaenoic Acid (EPA) Powder (from fish oil)	180 mg

Other ingredients: rice flour, vegetable cellulose, vegetarian leucine.

Contains: Soy and Fish (cod, menhaden, sardines & anchovy).

Warning: If pregnant, nursing or taking any cholesterol-lowering medication, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 3 capsules daily with food. The daily amount can be divided between AM and PM, or as directed by your healthcare practitioner.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.