A dietary supplement to support muscle and cardiovascular functions.*

L-Carnitine is a non-protein amino acid that is biosynthesized in the human liver and naturally occurs in muscle and organ meats.

L-Carnitine is involved in the transfer of fatty acids across the membranes of the mitochondria where they can be used to generate energy.*

L-Carnitine and Muscle Functions:
• L-Carnitine is an essential cofactor in muscle metabolism during exercise.
• It forms the transport system which moves fatty acids into the mitochondria for energy production.*
• L-Carnitine helps reduce the buildup of lactic acid in muscles which helps delay the onset of fatigue.*
• The level of L-Carnitine in muscles plays a major role in determining the exercise capacity of the muscles.

L-Carnitine and Cardiovascular Support:
• Carnitine is essential in maintaining a healthy cardiovascular system.*
• It has a direct and profound effect upon the heart muscle functions.* It is known to improve the energy metabolism of heart muscle cells that have been weakened by insufficient oxygen supply.*
• L-Carnitine helps to support cholesterol within normal ranges.*
• L-Carnitine may help increase tolerance to exercise.*
• L-Carnitine benefits heart health by increasing the length of time people can exercise without experiencing chest pain or heart weakness.*

Supplement Facts
Serving Size 1 Tablet
Amount Per Serving
Calcium (Ca Carbonate) 280 mg
L-Carnitine (L-Carnitine Tartrate) 250 mg

Other ingredients: calcium carbonate, microcrystalline cellulose, stearic acid, silicon dioxide, croscarmellose sodium, vegetable stearate, hydroxypropyl methylcellulose.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 tablet daily between meals, or as directed by your healthcare practitioner.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.