



Greens

• **A dietary supplement to support detoxification functions.***

Greens:

- Is a great tasting, easy-to-mix powder available in a 30 serving container
- Combines nutrient rich vegetables, fruits and herbs with enzymes and probiotic cultures.
- Supports the body's ability to cleanse, detoxify and rejuvenate.*
- Supports the body's antioxidant defense system and immune system functions.*
- Supports detoxification and G.I. Tract health.*

Detoxification Support

- **Spirulina and Chlorella** are both sources of blue-green algae, which has a rich nutrient profile and is a potent antioxidant.*
- **Spirulina** supports healthy functioning of the liver and immune system, to aid in detoxification.*
- **Chlorella** supports cell reproduction, as well as restorative processes that promote healthy organs and tissues.* Chlorella also aids the body in the breakdown of unwanted materials like heavy metals and supports proper digestion by promoting the growth of beneficial bacteria and assisting in the elimination of unwanted materials from the body.*

Antioxidant Support

- **Red Raspberry** supports capillary strength.*
- **Cranberry** supports urinary tract health and function by keeping unwanted materials from adhering to the cell walls of the bladder.*
- **Blueberry** supports eye, urinary tract and cardiovascular health and gastrointestinal function.*
- **Bilberry** has traditionally been used to support proper functioning of the eye.* It helps to synthesize compounds that maintain artery walls, support connective tissue health and strengthen capillaries.*
- **Grape Seed Extract** plays a role in the stabilization of collagen and maintenance of elastin, thereby supporting organ, joint, blood vessel and muscle functions.*

Digestive Support

- **FOS** aids in the elimination of unwanted substances and supports G.I. Tract health.* Fructooligosaccharides (FOS) are considered a soluble fiber and pre-biotic that supports the growth of beneficial bacteria.* Since FOS is not digested it increases the material in the digestive tract and promotes regularity.*

Immune System Support

- **Oat Beta-Glucans** support immune system function.* Non-allergenic Oat Beta-1,3-Glucans extracted from oats are a highly researched polysaccharide with immune supporting properties.* They support the activity of macrophages that clear away cellular debris and other unwanted materials by digesting them.*

Supplement Facts

Serving Size: 1 Scoop (11.88 grams):

Amount Per Serving

Calories	50
Calories from Fat	10
Total Fat	1 g
Total Carbohydrates	9 g
Sugars	2 g
Fiber	4 g
Protein	2 g
Vitamin A	927 IU
Vitamin C	40 mg
Calcium	26 mg
Iron	2.1 mg
Sodium	35 mg
Soluble Fiber (Fibersol-2™ brand)**	2,000 mg
Sunflower Lecithin Powder	1,500 mg
Spirulina	1000 mg

Barley Grass Powder	500 mg
FOS (Fructooligosaccharides)	500 mg
Carrot Powder	400 mg
Bromelain	360 mg
Papain	300 mg
Red Grape (Vitis vinifera) Seed Extract	300 mg
Chlorella-Cracked Cell Powder	250 mg
Wheat Grass Powder	250 mg
Red Raspberry Powder	250 mg
Apple Pectin	250 mg
Acerola Berry Juice Powder	200 mg
Alfalfa (Medicago sativa) Herb Powder	200 mg
Beet Juice Powder	200 mg
Cauliflower Powder	200 mg
Flax Seed Meal	200 mg
Parsley (Petroselinum crispum) Juice Powder	200 mg
Rose Hips (Rosa canina) Powder	200 mg
Spinach Leaf Powder	200 mg
Non-Dairy Probiotic Culture	200 mg
Royal Jelly	150 mg
Bee Pollen	100 mg
Citrus Bioflavonoids	100 mg
Blueberry Powder	100 mg
Broccoli Powder	100 mg
Cranberry Juice Powder	100 mg
Horsetail Rush (Equisetum arvense) Herb Powder	100 mg
Bilberry (Vaccinium myrtillus L.) Fruit Extract	80 mg
Oat Beta Glucan	75 mg
Milk Thistle (Silybum marianum) Extract	60 mg
Rosemary (Rosmarinus officinalis) Leaf Powder	60 mg
N,N-Dimethylglycine HCl (DMG)	50 mg
Grape (Vitis vinifera) Seed Extract	50 mg
Green Tea (Camellia sinensis) Extract	50 mg
Eleutherococcus senticosus Root Powder	50 mg
Aloe Vera (Aloe barbadensis) Leaf Powder	50 mg
Stevia Leaf Extract	35 mg
Licorice (Glycyrrhiza glabra) Root Powder	5 mg

Other Ingredients: natural apple flavor, cinnamon powder.

Contains: Wheat.

Warning: If pregnant or nursing, you should consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, mix 1 heaping scoop (11.88 g), daily in 8 oz. of cold water or juice, or as directed by your healthcare practitioner.

Fibersol-2™ is a Trademark of Matsutani Chemical Industry Co., LTD

**Fibersol-2™ fiber content is tested using AOAC method #2001.03.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.