



Pycnogenol®

A dietary supplement to support the immune system, vascular functions and skin health.*

Recommended for:

- Recurrent or persistent skin or respiratory concerns*
- Children and adults who find it difficult to concentrate or focus*
- Joint discomfort*
- Skin and collagen health*

Supports:

- Ability to focus*
- Brain function*
- Cellular integrity and functionality*
- Circulation*
- Histamine regulation*
- Immune system function*
- Joint comfort*
- Vascular integrity*

Pycnogenol® (Pine Bark Extract) is a source of proanthocyanidins (PCOs).

PCOs are bioflavonoids, a group of water-soluble, low molecular weight plant substances with recognized antioxidant (free radical scavenging) properties. They have the ability to inhibit the activity of certain enzymes which cause pro-inflammatory reactions within the body.* PCOs are unique because they are immediately bioavailable.

In some comparative tests, Proanthocyanidins were found to be 50 times more potent than Vitamin E and 20 times more potent than Vitamin C as antioxidants.* Free radicals are oxygen atoms which can badly damage cell structures leading to lowered immune response and vulnerability to numerous degenerative diseases. The PCOs in Pycnogenol® are able to perform within the cell membrane and neutralize both fat and water-soluble free radicals.*

PCO's are important to brain function, because they are one of the few dietary antioxidants that readily crosses the blood-brain barrier to directly support healthy brain cells, focus, concentration and memory.*

Proanthocyanidins help to prevent the release of histamine from mast cells thereby reducing the adverse effects of histamine.*

Proanthocyanidins support capillary strength.* Weak capillaries can contribute to bruising, elastin and collagen dysfunction, excess fluid in tissues, and circulatory insufficiencies.

Pycnogenol® also has the unique ability to bond to collagen fibers.* It may support the inhibition of the natural enzymes your body makes that normally break down collagen.* By restoring collagen, Pycnogenol® helps support flexibility of skin, joints, arteries, capillaries, and other tissues.*

Supplement Facts

Serving Size 2 Capsules

Amount Per Serving

Pycnogenol® (Pine Bark Extract)	100 mg
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Other Ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine, silica.

Warning: If pregnant or nursing, consult your healthcare practitioner before using this product.

Suggested Use: As a dietary supplement, take 2 capsules with breakfast and 2 capsules with lunch for two weeks. Then take 2 capsules daily with breakfast, or as directed by your healthcare practitioner.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.