

MAGNESIUM GLYCINATE







200 MGS

BENEFITS

- Easily absorbed with no laxative side effects
- Encourages deep, restful sleep
- Supports a calm, relaxed state of mind
- Boosts mental clarity and brain function
- Aids cardiovascular health and normal blood pressure
- Contributes to healthy, resilient bones



Want better sleep, calm under stress, and support for heart, brain, and bone health? Magnesium glycinate is highly absorbable, gentle on digestion, and essential—yet most people don't get enough.

SUPPLEMENT FACTS

Amount Per Serving Size: 1 Capsule I Servings Per Container 60

Magnesium (as Mg Glycinate) 200mg 48%

Other ingredients: Vegetable Capsule (Hypromellose), Microcrystalline Cellulose, Magnesium Stearate, Silicon

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

